

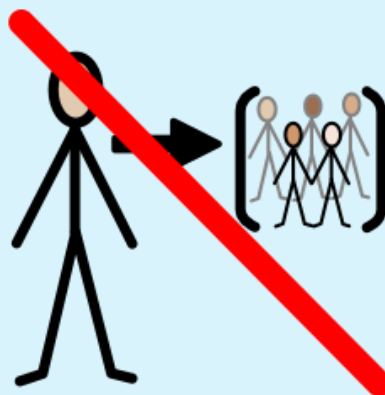


Included
by Grace

8 SHORT PRAYERS

*for the young people who won't be walking
through school gates this September*

Because anxiety,
no allocated place,
needs that haven't been met,
or a traumatic experience of school doesn't mean you've been
forgotten.

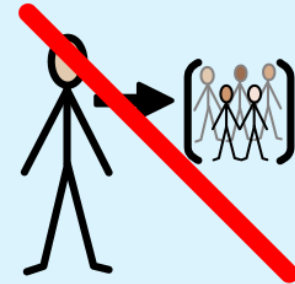


SWIPE FOR PRAYERS →



Included
by Grace

When September feels too big.



“Do not be afraid. I am with you... I will make you strong and help you. I will hold you safe in my hands.”

— Isaiah 41:10, NIV

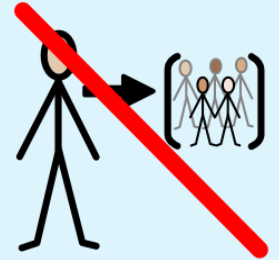
Dear Jesus,
September feels too big right now. Thank you that I don't have to be brave on my own — you say you'll hold me safe and make me strong. Help me believe that today.

Amen



Included
by Grace

When you don't have a school place yet.



*“Be strong and brave... The Lord your God will go with you.
He will never leave you. He'll never desert you.”*

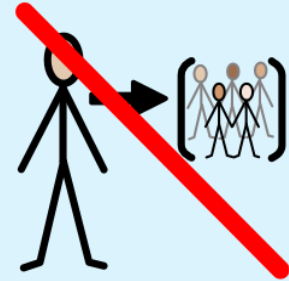
— Deuteronomy 31:6, NIV

Dear Jesus, it feels like everyone else has somewhere to be, and I don't. Remind me you're not waiting for a school place to be close to me. Go ahead of me and open the right door. Amen.



Included
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When the support hasn't come yet.



*“The Lord is close to those whose hearts have been broken.
He saves those whose spirits have been crushed.”*

— Psalm 34:18, NIV

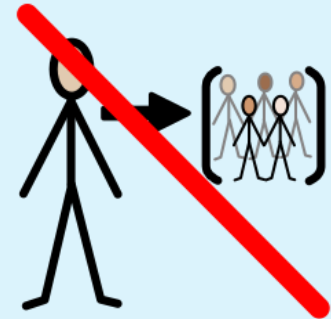
Dear Jesus, I'm tired of asking for help and not getting it. You see how crushed I feel by a system that let me down. Be close to me, even here.

Amen.



Included
by Grace

When school still feels unsafe.



“Be still and know that I am God.”

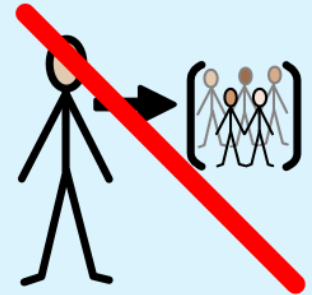
— Psalm 46:10, NIV

Dear Jesus, my body remembers things my mind wants to forget.
When the fear rises, help me be still and know I am safe with you,
right now.
Amen



Included
by Grace

When everyone else goes back.



*“How you made me is amazing and wonderful. I praise you
for that.”*

— Psalm 139:14, NIV

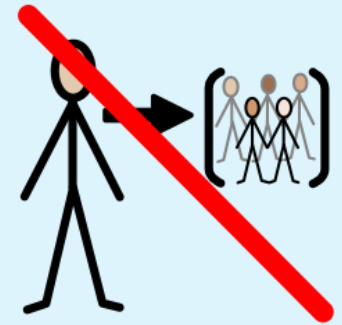
Dear Jesus, I don't have to look like everyone else to be enough.
Thank you for making me exactly as I am — even the parts the world
struggles to understand.

Amen



Included
by Grace

When you're running on empty.



“Come to me, all you who are tired and are carrying heavy loads. I will give you rest.”

— Matthew 11:28, NIV

Dear Jesus, I'm carrying more than I should have to. Thank you that I don't have to earn rest — you're already offering it. Let me breathe today. Amen.



Included
by Grace

God has a plan and a purpose for you.



I know the plans I have for you,” announces the Lord. “I want you to enjoy success. I do not plan to harm you. I will give you hope for the years to come. Jeremiah 29:11

Jesus, you don't see anything wrong with me. You have died for me as you have died for all mankind. This time in my life gives me opportunities to know you and learn from you. Thank you. Amen.

*Included by Grace · Resources, support and training on making church accessible to all ·
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